



## Programming at the Fire Pit

In the street-level setting of the Fire Pit, we engage in activities which encourage people to feel safe & to value themselves. This process allows people to take part in cultural activities that lead to healing & reduce risky behaviors.

The Fire Pit is a place to relax with friends, learn, share & understand culture, health and community.

It is a place where you can do crafts, artwork, have a nutritious meal, join a talking circle, talk to a supportive staff & get more information about health, HIV/AIDS & HCV



## FIRE PIT CULTURAL DROP-IN CENTRE

Come and Join us at the Fire Pit!  
We look forward to seeing you!



### CONTACT US

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Hours: Monday to Friday  
1:00 to 4:30

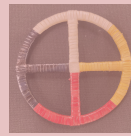
**Closed on all statutory Holidays  
& Income Assistance Day.**



Positive Living North:  
No kheyoh t'sih'en t'sehena Society

**THE PREVENTION PROGRAM'S UNIQUE DESIGN TARGETS THE ROOT CAUSES OF THE EPIDEMIC, COLONIZATION, RACISM, POVERTY, HOMELESSNESS, LACK OF EDUCATION AND THE DISPLACEMENT MANY INDIGINOUS PEOPLE EXPERIENCE.**

**We all want healthier lives. Reducing at-risk behavior through engaging in healthier sexual practices and other harm-reduction strategies becomes more relevant to people when they have had an opportunity to heal and learn about themselves.**



## The Fire Pit's Philosophy

The Fire Pit's philosophy directly reflects how creating a safe space, where trust is established, leads to healing from the root causes of this epidemic. The healing journey experienced at the Fire Pit is aimed at reducing peoples risk of contracting HIV/AIDS/HCV. The Fire Pit walks with people along this path by providing support and resources through the following stages:

- Creating a safe environment of comfort & acceptance.
- Building healthy relationships.
- Healing through cultural exploration & self awareness.
- Creating a sustained healing journey that leads to people accessing more key determinants of health ( including social support networks, personal health practices, & coping skills.
- Facilitating education and workshops.

## FIRE PIT SERVICES

### DROP-IN

The Fire Pit staff provide Fruit and Veggie for lunch. They also provide a nutritious lunch Monday to Friday at 2:30.

### AWARENESS

Every month we play HIV Bingo and HCV Bingo to bring more awareness to these important issues and to help prevent HIV/HCV & STIs.

### SUPPORT

Talk with our elders about services that is available in Prince George. Our elder is available if you need to Smudge. You have access to pamphlets and resources in Prince George.



### FEILD TRIPS

- Pick Sage
- Gather Blueberries, Soap Berries & Huckleberries
- Learn to harvest and jar Salmon.
- Pick Labrador Tea
- Learn & gather Medicines with a Medicine Woman